

One Two Three Four Sins of Speech



Foundation of Communication

One Two Three Four Sins of Speech

Patanjali Yoga Sutra ||33||

- मैत्री करुणा मुदितोपेक्षाणां सुखदुःख
पुण्यापुण्यविषयाणां भावनातः
चित्तप्रसादनम्
- maitri karuna mudito-peksanam-
sukha-duhkha punya-apunya-
vishayanam bhavanatah chitta-
prasadanam

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- All that is mutable in human beings (chitta) is harmonized through the cultivation of friendship (maitri), helpfulness (karuna), pure joy unadulterated by self-interest (mudita) and even-mindedness or letting go (upeksha) in situations that are happy, painful, successful or unfortunate.

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Maitri

- Maitri is a feeling of oneness (atmiyata).
- Manager cultivates maitri and atmiyata for the good and turns enemies into friends, bearing malice towards none.

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Karuna

- Compassion coupled with devoted action to relieve the pain.
- Manager uses all his resources to help the organisation and customers.
- Shares his strength with the weak until they become strong.
- Shares his courage.

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Mudita

- Feeling of delight at the good work done by another, even though he may be rival.
- Manager saves himself from much heart-burning by not showing anger, hatred or jealousy for another who has reached the desired goal which he himself has failed to achieve.

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Upeksa

- Not a feeling of disdain or contempt for the person who has failed or one of indifference or superiority towards him.
- It is a searching, self – examination to find out how one would have behaved when faced with the same temptations.

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Upeksa

- It is also an examination to see how far one is responsible for the state into which the unfortunate one has fallen and the attempt thereafter to put him on the right path.

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Four Essentials of Speech

Upeksa:

- Manager understands the faults of others by seeing and studying them first in himself.
- This self – study teaches him to be a great Manager/Leader.

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Four Sins of Speech

- Abuse and Obscenity
- Dealing in Falsehood
- Calumny or Telling Tales
- Ridiculing what Others hold to be Sacred.